

# Ridgefield Prevention Council

## 2020 Vaping Survey Results

### **223 respondents**

- 72% 26 yrs+
- 11% 14-18 yrs old/HS age
- 9% 11-13yrs old/MS age
- 7% 19-25yrs old/college age

### **24 High School age respondents (14-18yrs)**

- 11% of our total responses
- 38% responded to using vaping products in the last 30 days
- 65% responded vaping as a high risk
- 4% responded vaping as no risk
- 67% responded as having a high level of knowledge of the risks of vaping
- 8% responded as having no knowledge of the risks of vaping

### **19 Middle School age respondents (11-13yrs)**

- 9% of our total responses
- 11% responded to using vaping products in the last 30 days
- 79% responded vaping as a high risk
- 5% responded vaping as no risk
- 42% responded as having a high level of knowledge of the risks of vaping
- 5% responded as having no knowledge of the risks of vaping

### **15 young adult respondents (19-25yrs)**

- 7% of our total responses
- 27% responded to using vaping products in the last 30 days
- 60% responded vaping as a high risk
- 13% responded vaping as no risk
- 53% responded as having a high level of knowledge of the risks of vaping
- 7% responded as having no knowledge of the risks of vaping

### **161 Adult respondents - 26+**

- 72% of our total responses
- 2% responded to using vaping products in the last 30 days
- 86% responded vaping as a high risk
- 1% responded vaping as no risk
- 50% responded as having a high level of knowledge of the risks of vaping
- 1% responded as having no knowledge of the risks of vaping

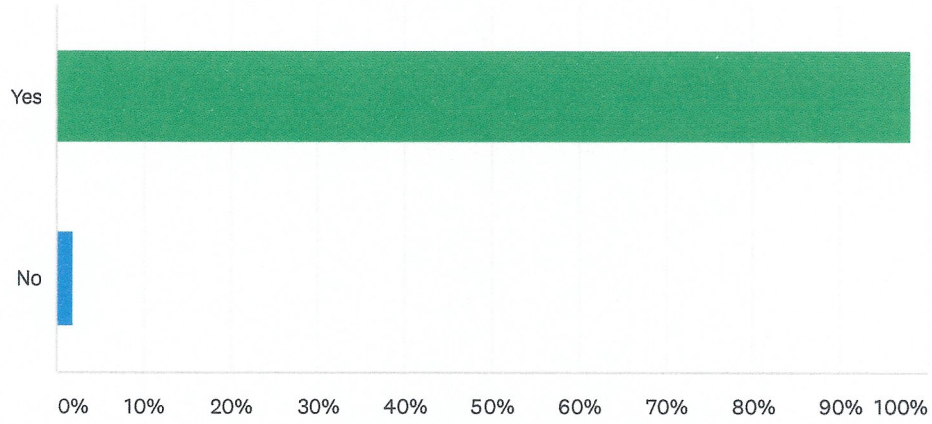
## Vaping Survey Data Summary

Question 4 (Vaping Risk Level)	11-13 yo	14-18 yo	19-25 yo	26 and over
No Risk	1	1	2	2
Moderate Risk	3	7	4	21
High Risk	15	15	9	138
	11-13 yo	14-18 yo	19-25 yo	26 and over
Question 5 (Vaping Awareness Level)				
No Awareness	1	2	1	1
Moderate Awareness	10	6	6	80
Great Deal of Awareness	8	16	8	80
	11-13 yo	14-18 yo	19-25 yo	26 and over
Question 6 (Monthly Vaping Frequency)				
1-3	1	3	1	
4-6	1	2		
6-9		1		
10-19			1	
20-29			2	3
30 or more		3	2	3
Never	17	15	11	158
<b>Total Respondents By Age Group*</b>	<b>19</b>	<b>24</b>	<b>15</b>	<b>161</b>

\*Four respondents declined to answer age question

### Q1 Do you live in Ridgefield, CT?

Answered: 223 Skipped: 0

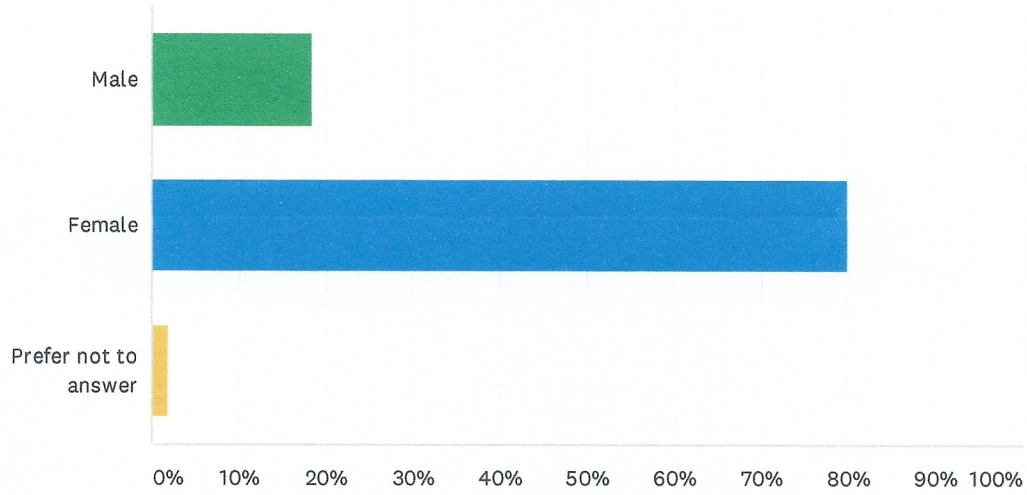


ANSWER CHOICES	RESPONSES	
Yes	98.21%	219
No	1.79%	4
TOTAL		223



## Q2 What is your gender?

Answered: 223 Skipped: 0

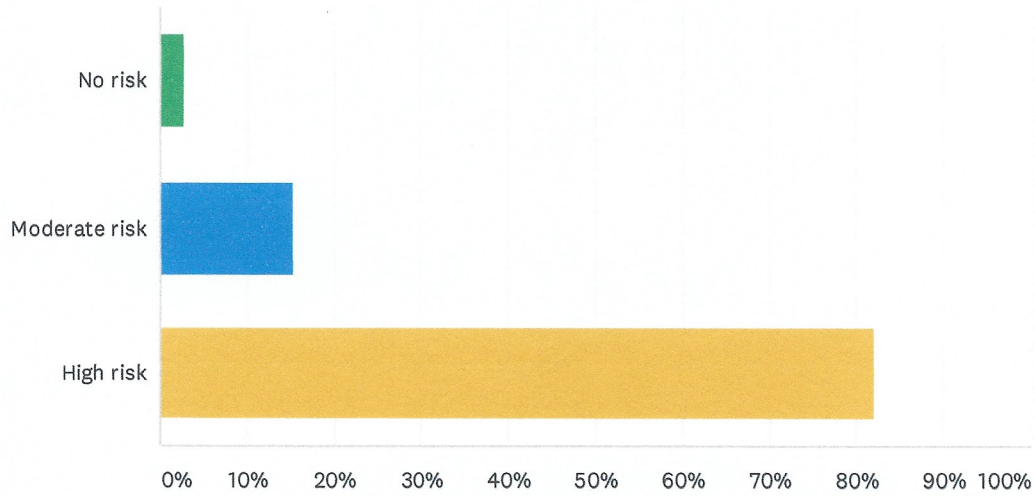


ANSWER CHOICES	RESPONSES	
Male	18.39%	41
Female	79.82%	178
Prefer not to answer	1.79%	4
<b>TOTAL</b>		<b>223</b>



### Q4 How much do you think people risk harming themselves if they vape/use e-cigarettes regularly?

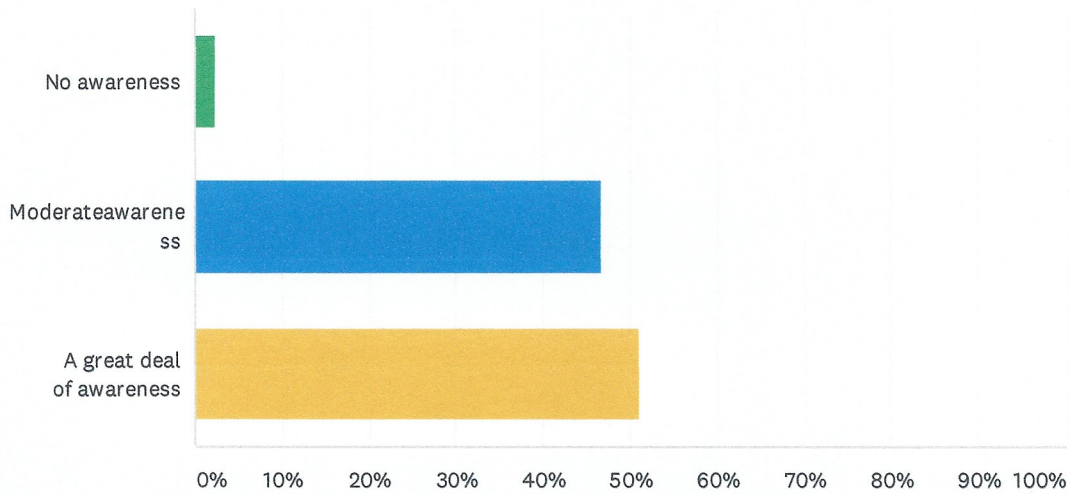
Answered: 222 Skipped: 1



ANSWER CHOICES	RESPONSES	
No risk	2.70%	6
Moderate risk	15.32%	34
High risk	81.98%	182
TOTAL		222

### Q5 Overall what would you consider your level of awareness of the health risks or harm associated with vaping/e-cigarette use to be?

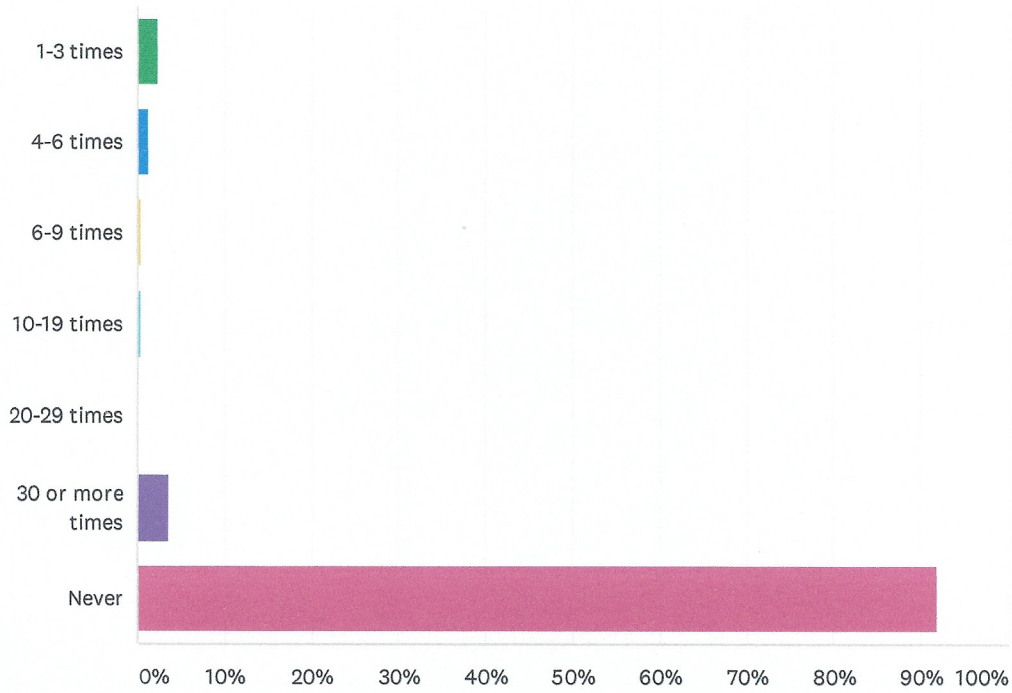
Answered: 223 Skipped: 0



ANSWER CHOICES	RESPONSES	
No awareness	2.24%	5
Moderate awareness	46.64%	104
A great deal of awareness	51.12%	114
TOTAL		223

## Q6 During the past 30 days, how often have you vaped/used e-cigarettes?

Answered: 223 Skipped: 0

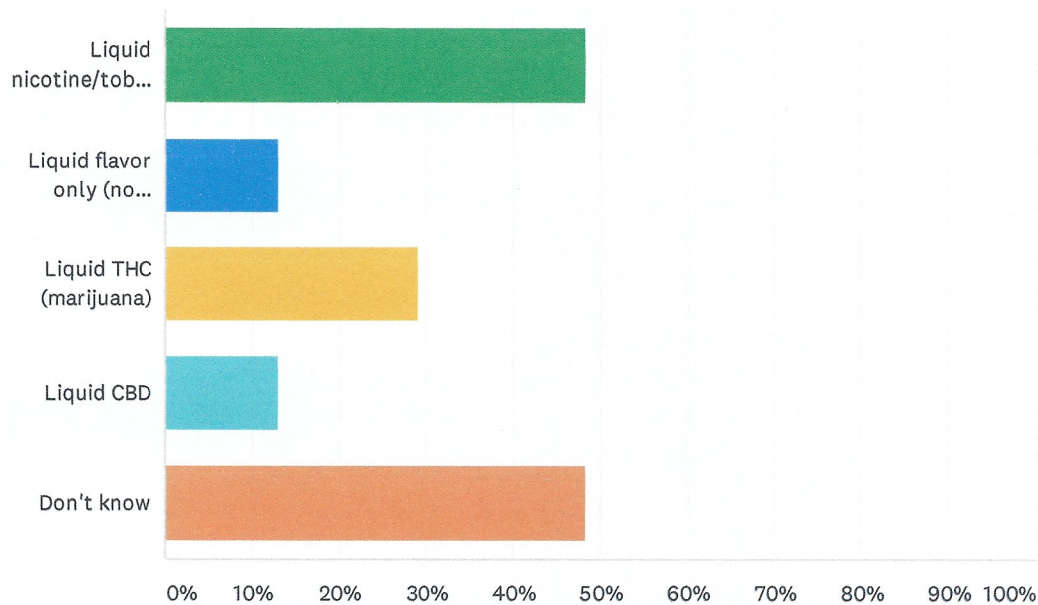


ANSWER CHOICES	RESPONSES	
1-3 times	2.24%	5
4-6 times	1.35%	3
6-9 times	0.45%	1
10-19 times	0.45%	1
20-29 times	0.00%	0
30 or more times	3.59%	8
Never	91.93%	205
<b>TOTAL</b>		<b>223</b>



**Q7** If you answered "yes" to having vaped in the past 30 days. What substance/s have your vaped? (Please check all that apply. Please skip to question #10 if you answered never).

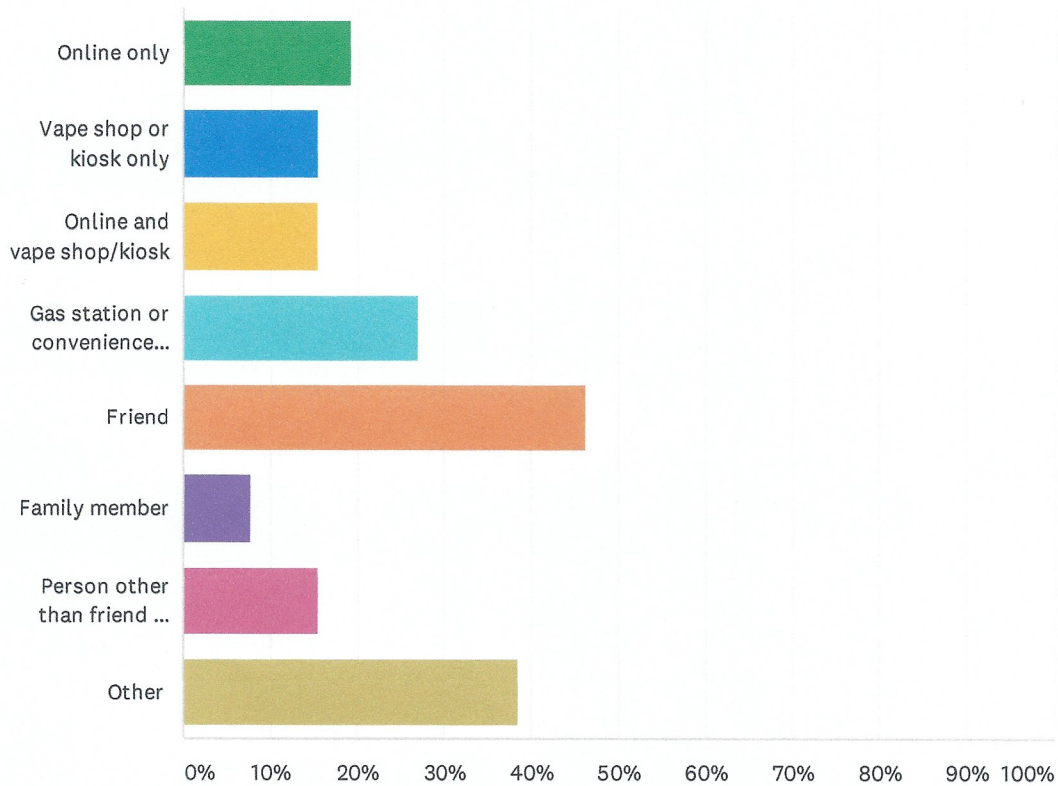
Answered: 31 Skipped: 192



ANSWER CHOICES	RESPONSES	
Liquid nicotine/tobacco	48.39%	15
Liquid flavor only (no nicotine, THC or CBD)	12.90%	4
Liquid THC (marijuana)	29.03%	9
Liquid CBD	12.90%	4
Don't know	48.39%	15
Total Respondents: 31		

### Q8 From what source(s) do you obtain the liquid cartridges from? (Check all that apply)

Answered: 26 Skipped: 197



ANSWER CHOICES	RESPONSES	
Online only	19.23%	5
Vape shop or kiosk only	15.38%	4
Online and vape shop/kiosk	15.38%	4
Gas station or convenience store	26.92%	7
Friend	46.15%	12
Family member	7.69%	2
Person other than friend or family member	15.38%	4
Other	38.46%	10
Total Respondents: 26		

## Q9 Why did you start vaping? Was it to stop smoking traditional cigarettes?

Answered: 21 Skipped: 202

#	RESPONSES	DATE
1	N.a	1/27/2020 9:50 PM
2	NA	1/23/2020 8:47 PM
3	I don't i think it's the dumbest thing to get started, especially if ur an athlete like me than it can fuck up how well u compete	1/23/2020 11:38 AM
4	Everyone around me was doing it, I didn't want to be the only one not. I never smoked traditional cigarettes.	1/23/2020 6:33 AM
5	For fun	1/20/2020 10:00 AM
6	For fun	1/19/2020 10:35 PM
7	Yes	1/19/2020 2:44 PM
8	I don't vape or smoke	1/19/2020 10:44 AM
9	I don't	1/19/2020 10:06 AM
10	No why do people smoke	1/19/2020 8:50 AM
11	i don't vape or smoke or juul	1/18/2020 11:25 PM
12	No	1/18/2020 9:27 PM
13	Medical Marijuana User with a legal medical vape.	1/18/2020 9:23 PM
14	Yes	1/18/2020 7:02 PM
15	My son vapes his CBD to prevent seizures	1/18/2020 6:50 PM
16	Instead of cigarettes. Stress relief	1/18/2020 6:27 PM
17	Switch from traditional	1/18/2020 3:56 PM
18	No, 16	1/18/2020 2:42 PM
19	No	1/18/2020 1:52 PM
20	No, my friend was using it. I was interested.	1/18/2020 1:01 PM
21	no	1/18/2020 1:00 PM



**Q10 Is there anything else you can tell us about your experience with vaping/e-cigarettes?**

Answered: 78 Skipped: 145

## Vaping & E-Cigarette Use Survey

#	RESPONSES	DATE
1	N.a	1/27/2020 9:50 PM
2	I have seen many adults vaping in our community	1/24/2020 2:05 PM
3	No	1/23/2020 8:47 PM
4	Nah	1/23/2020 11:38 AM
5	a lot of high schoolers think it's very cool to use these. they think it'll be harmless and they won't get addicted. I personally have seen many of my friends "just try" it and get addicted. I have seen my friends try to quit but getting hooked again. it's scary the amount of people who are unaware of the consequences of using e-cigarettes. often you see people posting videos on their snapchats of "cool tricks" they can do with the smoke. many people think it's not as bad as smoking a cigarette, but in some aspects it's worse. It's crazy the amount of times I walk into the school bathroom and see people vaping. the schools are even installing vape detectors because it's such an issue. getting high impacts so many other aspects of someone's life. I think it is very dangerous and people really need to be more aware.	1/23/2020 10:44 AM
6	I've been trying to stop but whenever I hang out with my friends I feel as though I have to.	1/23/2020 6:33 AM
7	I think more needs to be done to educate teens about vaping.	1/21/2020 9:36 AM
8	No	1/21/2020 8:18 AM
9	I'm a former smoker and I think vaping is gross. I believe it to be worse than old fashioned cigarettes. But obviously, neither is a healthy choice.	1/21/2020 6:48 AM
10	Use among 10-30 year olds is the main problem	1/21/2020 6:03 AM
11	Harmful to anyone who uses	1/20/2020 3:12 PM
12	No	1/20/2020 12:38 PM
13	No	1/20/2020 10:59 AM
14	it's affecting family members	1/19/2020 10:36 PM
15	Worst than cigarettes and more addictive.	1/19/2020 10:34 PM
16	it occurs everywhere	1/19/2020 9:30 PM
17	I'd rather people vape than breathe in their smelly cigarette smoke. A lot of people are for legal marijuana smoking yet ironically are against e-cigs, vapes and cigarettes.	1/19/2020 8:24 PM
18	many people do it	1/19/2020 7:41 PM
19	I believe the long term effects e-cigarettes/vaping will be even more devastating than currently supposed.	1/19/2020 7:38 PM
20	No	1/19/2020 6:42 PM
21	I see it everywhere and makes me think ...yuck!! It's a terrible epidemic!	1/19/2020 3:29 PM
22	Most young people don't realize how dangerous vaping is and think it is much safer than smoking cigarettes.	1/19/2020 3:13 PM
23	No	1/19/2020 1:05 PM
24	I don't vape	1/19/2020 10:06 AM
25	Weed is fine. Grow up.	1/19/2020 10:00 AM
26	I have never vaped, nor do I want too	1/19/2020 9:39 AM
27	I feel it is sad that it is becoming less and less surprising when you hear about another kid getting caught smoking underage in the bathroom and something needs to be done about it	1/19/2020 9:13 AM
28	Fun	1/19/2020 8:50 AM
29	Kids don't seem to believe that it's harmful to them.	1/19/2020 7:56 AM
30	It's toxic and not worth risking my health	1/19/2020 1:32 AM



## Vaping & E-Cigarette Use Survey

31	i don't have any experience	1/18/2020 11:25 PM
32	It's confusing to me why people are using them! Smoking/vaping seems like an issue we should have left behind long ago...it makes no sense why we are still seeing people start doing this:(	1/18/2020 10:27 PM
33	They're incredibly harmful and I don't see why people do it.	1/18/2020 9:33 PM
34	So scary	1/18/2020 9:27 PM
35	The age needs to be cracked down upon. I have heard that highschool and middle school kids smoke in the bathrooms, which shouldn't be allowed.	1/18/2020 9:23 PM
36	I am a middle school teacher in NY and students have been caught vaping in the bathrooms.	1/18/2020 9:23 PM
37	Have cautioned all three of my teens - one tried it in middle school - now all in hs / College and assure me they wouldn't do it	1/18/2020 7:51 PM
38	They are the most addicting substance I have ever encountered. Thank goodness I managed to stop.	1/18/2020 7:02 PM
39	Devices that vaporize flower such as Pax are actually safer because of the temperature control. Cheaper pens pose the most risk.	1/18/2020 6:50 PM
40	Non street purchased, educated tested company by educated buyer, vaping is not nearly as big a deal as it is made out to be	1/18/2020 6:27 PM
41	Welcome to COPD if you are dumb enough to use them	1/18/2020 6:13 PM
42	It's ridiculous that so many parents aren't aware of their teens vaping or permit it. The number of teens in Ridgefield who are addicted to vaping is horrendous.	1/18/2020 5:30 PM
43	I'm concerned that children believe that vaping is healthier than cigarettes.	1/18/2020 4:23 PM
44	As a former smoker and a former drug and alcohol counselor at MCCA in Danbury, I have seen the ravages of addiction. There are so many unknowns to vaping so I worry about anyone using e-cigarettes on a regular basis. Nicotine addiction is bad enough, but add to that the risks associated with vitamin E acetate and the heavy metals and toxic chemicals that vaping exposes you to and you have a real powder keg waiting to explode.	1/18/2020 4:12 PM
45	I keep alert because I am raising four teenagers at the moment and the info on usage just gets scarier now that it's been available for a few years...	1/18/2020 4:10 PM
46	Love it	1/18/2020 3:56 PM
47	While I haven't vaped in the past 30 days, I had been using the pens for nicotine and cbd and immediately stopped when people started getting sick. I had been using them for about 5 months. I could feel the heaviness in my chest like nothing I'd ever felt before and was already stopping when all those illnesses happened. That made me throw them out for good.	1/18/2020 3:36 PM
48	I find it repulsive. So sad to know that teens are doing this. I speak with my daughters about this all the time. The more educated that are the less chance they will ever use it.	1/18/2020 3:34 PM
49	I have considered vaping CBD for pain levels but can't bring myself to do it, because I don't consider vaping oils healthy. I would consider water vapor as I'm a cosplayer, and am looking for a realistic cigarette prop. Water vapor we inhale every day. I still don't think any form of vaping is healthy as nothing should be going into your lungs except air.	1/18/2020 3:14 PM
50	As a parent of teenagers I am very worried about baling and the ease of obtaining the material to do this. I am very concerned about subsequent health risks and addiction.	1/18/2020 3:12 PM
51	Ban it	1/18/2020 3:06 PM
52	I am convinced that vaping leads to other forms of drug and alcohol use. The longer an individual uses without adverse reactions, the bolder they can be in trying new substances. This happened to us. If it can happen to us, it absolutely can happen to any family. The effects are severe and lasting. We will recovder, but how many will not?	1/18/2020 2:53 PM
53	I "live" in Ridgefield but currently attend university out of state. As a college student I know many people that vape, and even when I was in high school I knew tons of people that vaped. I think we don't know all of the health consequences yet but I'd much rather drink alcohol than vape.	1/18/2020 2:49 PM



## Vaping & E-Cigarette Use Survey

54	its fun	1/18/2020 2:42 PM
55	Epidemic among younger generations, increase of YA adding cigarette usage after deceliping addiction to nicotine via vaping/ecigs.	1/18/2020 2:36 PM
56	This seemed like a pointless survey	1/18/2020 2:28 PM
57	Parents need to go through their children's things (car room backpack for example) and dump it	1/18/2020 2:23 PM
58	Makes me sad and scared for the youth that are becoming addicted to them	1/18/2020 2:15 PM
59	in school health ed classes need to talk about how bad any form of smoking / vaping really is!	1/18/2020 2:08 PM
60	I have seen that it is just as difficult for my friends to quit as cigarettes are.	1/18/2020 2:00 PM
61	Too many children are comfortable with trying it.	1/18/2020 1:36 PM
62	No experience	1/18/2020 1:32 PM
63	Rampant at RHS. The kids know exactly who to buy the cartridges from in the school. Hear me on this, the kids can buy the cartridges in the school. I see adults vaping too, while walking down Main Street. They stand outside the bars and vape so all can see how 'cool' they are. Sickening. 50 deaths so far and it's still going on. I think the town should make it illegal. Sure sure, we have no authority to declare vaping illegal. But do it anyway. Take a stand. Let the vaping companies sue us. We'd make the evening news. But that's a good thing. We would at least be raising awareness about the ills of vaping.	1/18/2020 1:29 PM
64	There should be greater control over kids getting access. It's epidemic among Ridgefield middle and high schoolers maybe even elementary. Whoever is bringing this into the schools, especially for those young ones need to be discovered and stopped.	1/18/2020 1:25 PM
65	No	1/18/2020 1:17 PM
66	I know middle school and high school students are vaping more than ever before.	1/18/2020 1:13 PM
67	Have been trying to convince adult family members to stop for awhile now based on immediate health risks	1/18/2020 1:12 PM
68	There is no doubt vaping is a danger. That said, RPC's focus should be on opioids, not vaping. The handful of deaths attributed to vaping pales in comparison to the constant stream of untimely deaths from opioids. Many more lives have been lost to opioids than to vaping, and that will always be the case. Resources directed to anti vaping campaigns are resources not directed to fighting heroin and prescription drug use. And these - heroin and prescription drugs, as well as other hard drugs- ruin and end far, far more lives than vaping ever will, and are a very real problem right here in Ridgefield. Shift your focus.	1/18/2020 1:06 PM
69	I think it's terrible people do it in public. Sets a very bad example for our kids. We should ban it.	1/18/2020 1:03 PM
70	the buzzes go dummy☐☐	1/18/2020 1:01 PM
71	buzz go brazy!	1/18/2020 1:00 PM
72	My daughter (16) was hospitalized with pneumonia this fall. She does not vape or smoke-we've talked about not smoking or vaping often with her. The discharge nurse, very sweet, quiet nurturing woman, completely changed when she told my daughter to NEVER EVER VAPE! "We see the effects here. Pneumonia coupled with lungs affected by vaping isn't pretty. DON'T START." A recent conversation with my daughter said the RHS bathrooms often have students vaping in them- the sensors don't do anything.	1/18/2020 12:59 PM
73	I have no personal experience with vaping. I think kids today aren't aware of how dangerous it is.	1/18/2020 12:58 PM
74	None	1/18/2020 12:54 PM
75	It is my experience having multiple teenagers that at least 1/2 to 2/3 of the teens in town and at Ridgefield high school vape with some regularity. They vape IN school and out of school. They vape tobacco products and THC cartridges. They vape using juuls or pens or when they don't have them they retrofit phone charging wires to Vape on a "wire". They don't perceive any short term or long term harm from doing so. They don't believe that driving after vaping THC, or smoking marijuana, impairs their driving.	1/18/2020 12:49 PM

## Vaping & E-Cigarette Use Survey

76	A co-worker vapes and a family member uses e-cigarettes.	1/18/2020 12:49 PM
77	Yes, it's a nightmare to parent. It seems we are outnumbered and our children have limitless possibilities to purchase.	1/18/2020 12:39 PM
78	Vaping is bad	1/17/2020 5:30 PM